

# WellKiwis Adult study: Yearly study activities

## After enrolment

Electronic consent and participant questionnaire

**\*Baseline blood sample for those who have never provided one**

*\*You will receive a gift card for each swab/ blood sample provided.*

*All swab results will be accessible after 1 – 2 weeks via Manage my Health or from your GP.*



**WellKiwis**  
 influenza study

## Influenza season (April – September)

Weekly online surveys on influenza (flu) vaccination date and influenza-like illness (ILI), sent every Sunday to you. (Reminder sent on Wednesday, if not already completed.)

If you report an ILI, our Clinical team will assess your symptoms and may contact you to arrange a swab.

**Post-flu vaccine blood sample 3 – 6 weeks after receiving flu vaccine.**

**\*\*It is your choice whether you want to have the flu vaccine.**

If the swab result is POSITIVE for flu, you will be notified of the positive result as soon as possible.

If your swab is NEGATIVE for flu, you don't need to do anything.

The Clinical team will arrange the collection of a pair of blood samples from those who have returned a POSITIVE flu result:

- One sample within 1 - 2 weeks following the positive result
- One sample 4 – 7 weeks after.

## Influenza off-season (October – March)

ILI surveillance for the year stops as the flu season has ended. You will no longer receive Weekly online surveys or be asked to provide swabs. If you require healthcare advice during this period, please consult your GP or call Healthline 0800 611 116.

**Annual blood sample collection for all participants.**

Post-season update newsletter

Annual online survey

Pre-ILI season update newsletter